

The Samurai Manager®

Contents:

Contents Management Class:

- The secret of Japan's rise to a global economic power in just 23 years under rather bad preconditions
- The significance of the Samurai in old Japan and the significance of Samurai principles in modern management
- Centuries- old and proven Samurai principles applied to the modern business world
- The way to being a top executive of integrity
- Solving current managerial and negotiation situations with the help of Samurai principles
- What do Japanese executive managers do better than Western ones and vice versa
- How do decision-making processes go on in Japan and what can we learn from that
- The significance of intuition
- Ways to improve your own intuition in order to be able to make the right decisions at the right time
- Clarity in personal objectives and determination in their implementation
- The Samurai Manager Code as a key to sustainable success

Contents Body Dynamics Morning and Evening Class

Budo (martial arts) principles are based on

- > maximum energy transfer
- > at the opponent's weakest point
- > with perfect timing

- You learn how to release your physical energy in an impressive way
- By breathing the right way you open the door to composure
- Feeling your own centre leads you to your true being
- Develop a special spirit based on values like respect. (self-) discipline, regardfulness and perfection
- The achievement of effect teaches you precision
- Recognizing the significance of details does not allow superficiality
- Focusing on the target creates clarity in your actions
- Train your courage and determination with the right timing
- Good timing is the key to your intuition